

# Strathcona School



**Practice  
Mindfulness with  
Ms. Harriott**



**Exercise  
with  
Ms. Teixeira**



**Talk with your  
teacher**



**Enjoy  
read  
alongs**



# HOW TO USE THE SEESAW CLASS APP

1



Install the **SEESAW CLASS** App on your iOS or Android device

2

Email [vharriott@wsd1.org](mailto:vharriott@wsd1.org) and request a text code

3



Choose "I'm a student" in the **SEESAW CLASS** App

4



Type in the text code in the **SEESAW CLASS** App

## WE CAN'T WAIT TO HEAR FROM YOU!

Go to the Strathcona School website for more information and activities  
<https://www.winnipegssd.ca/schools/Strathcona/Pages/default.aspx>